

## Down By The Berry Patch

### "Lessons Learned in the Berry Patch"

**Julia A. Berg**

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1. Importance of Faith, Hope, Love!
2. How to Communicate, Problem Solve, Make Decisions!
3. Significance of Creativity and Self Expression!
4. Comfort of Confidence and Self Worth!
5. Necessity of Spending and Saving!
6. Difference between Organization and Clutter!
7. Importance of "A Step at a Time": namely Goal Setting, Determining Priorities, Planning, Taking Action, and Evaluation!
8. Importance of Education and Learning!
9. How and why we listen, listen, listen and learn!
10. Part played in life's Cultural Sameness and Cultural Differences!
11. Importance of the three "Fs": Family, Friends, Faith!
12. Significance of understanding those important "Hs": Hunger, Health, and Housing!
13. How to determine Wants versus Needs!
14. Why we Give Thanks!



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Photo Caption: Judy inspecting a raspberry bush.